



55 Ferguson Avenue, Myrtle Bank, South Australia 5064 Tel: 08 8379 2600 • Fax: 08 8338 7369 email: warvets@rslcaresa.com.au



VIETNAM VETERANS SOCIAL SUPPORT GROUP

War Veterans Home Myrtle Bank

relaxed

The Social Support program runs weekly Wednesdays from 1100 - 1430

The program is free for Vietnam veterans to participate, and lunch is provided.

For enquiries or to participate in the program, please contact Sue Thomson at the War Veterans Home on 8379 2600.

socialise

The Vietnam Veterans Social Support Group is an initiative of RSL Care SA to provide an opportunity for Vietnam veterans to socialise with peers.

This pilot program aims to provide a safe and positive environment for Vietnam veterans to socialise and participate in a range of activities.

The program is available for Vietnam veterans who may be residing permanently or in respite within RSL Care SA residential care facilities, retirement living or affordable housing accommodation; veterans in or connected to Ward 17; veterans from other care facilities and those living within the broader community.

The intent of the day program is to maintain the close bonds of comradeship, socialisation and esprit-de-corps created by members of the Australian Defence Forces who served in South Vietnam during the period of the Vietnam conflict. A range of health promoting education and social activities are on offer to better equip participants to make healthier lifestyle choices that will positively impact on their ageing process.

engaging