

RSL CARE SA

# VETERANS SOCIAL SUPPORT GROUP

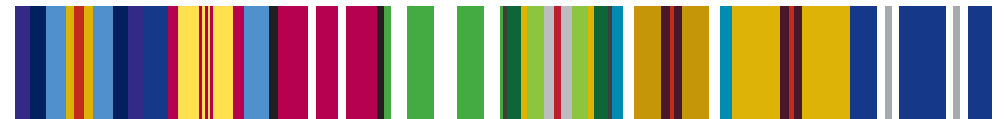
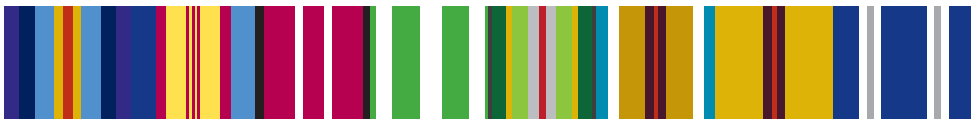
## WAR VETERANS' HOME

55 Ferguson Avenue, Myrtle Bank, South Australia 5064

Tel: 08 8379 2600 • Fax: 08 8338 7369

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## WAR VETERANS HOME MYRTLE BANK





relaxed

The Social Support program runs weekly  
Wednesdays from 1100 - 1430

The program provides an opportunity for veterans to engage in activities in a relaxed and non-threatening environment with lunch provided.

For enquiries or to participate in the program, please contact the Wellbeing Team at the War Veterans Home on 8379 2600.

socialise



The Veterans Social Support Group is an initiative of RSL Care SA to provide an opportunity for Veterans over the age of 60 years, to socialise with peers.

This program aims to provide a safe and positive environment for Veterans to socialise and participate in a range of activities.

The program is available for Veterans who may be residing permanently or in respite within RSL Care SA residential care facilities, retirement living or affordable housing accommodation; veterans in or connected to the Jamie Larcombe Centre; veterans from other care facilities and those living within the broader community.

The intent of the day program is to maintain the close bonds of comradeship, socialisation and esprit-de-corps created by members of the Australian Defence Forces who served in conflict and peacekeeping missions since WW2. A range of health promoting education and social activities are on offer to better equip participants to make healthier lifestyle choices that will positively impact on their ageing process.

engaging

